

The Candlelighter

Supporting the families of children with cancer

SPRING
2019

The Candlelighters Cottage

Read about the opening and take a glimpse inside, on page 6



Issue: 75

To support us or find out more click: www.candlelighters.org.uk

 @CandlelightersTrust

 @CandlelightersT

 @candlelightersyorkshire

 Candlelighters - Yorkshire's Children's Cancer Charity

PINK IT UP

for Candlelighters

June 10th - 16th 2019



PINKITUP! will see Yorkshire turning Pink to raise money and awareness for Candlelighters. Will you **EAT PINK, DRINK PINK** and **BE PINK** to help us raise vital funds? Whether that's wearing pink to work, baking pink cakes or simply taking a photo of yourself in pink, why not have some pink fun, and make a huge difference?

For your **PINKITUP!** Fundraising pack
email: pink@candlelighters.org.uk



Sign up to our **#PINKITUP Abseil**
@ The University of Leeds, Michael Sadler Building.

Take in the views of the Leeds city skyline. Descend to the ground in your bright pink Candlelighters top, 'officially PINKING It Up'. Control your own speed and movement, all with the support of professionals. Hear the cheers of supporters and your guests who will cheer you on, with every step you take.

Challenge yourself!

Make a difference!

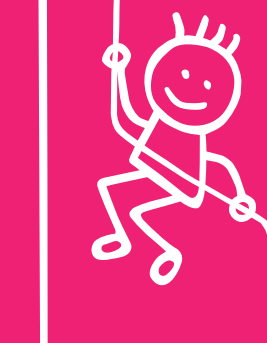
Join **#TeamCandlelighters!**

Saturday 8th June

&

Wednesday 12th June

#PINKITUP!



A message from Stephen, Chair of Trustees

Last year we had a very successful campaign that has resulted in the wonderful facility we now call the Candlelighter's Cottage. What happens though when we are working on a campaign like that? – The answer is that we continue doing all the things we have been doing as well as the 'new' thing that we are campaigning for.



As a charity we are still supporting parents financially and with all the other practical things that we can, we still have parents, grandparents and siblings' events. We still support the clinic and the wards. We still support particular NHS roles which wouldn't exist without Candlelighters's funding, we still throw the best children's Christmas Party of the year and we work behind the scenes to improve the lives of our children and families all year around.

We still offer holidays to our families and talking therapies as well as a relaxing massage at the Square. We are still funding research and we are continually listening to our families and to health care professionals to see if there are tricks that we are missing or ways we can intervene more helpfully and appropriately.

The team have done a splendid job in the last year, but we couldn't do any of it without YOU! As we move into a new year, with new challenges and even more families facing cancer for the first time, we look to your continued support of the charity to help us deliver the support and services that we want to, and we assure you we will continue to do the things that we have done well over the years too!

Welcome to The Candlelighter Spring 2019

We can't wait to show you
what we've been up to!



What's Inside...



Pg 4 - A Family Journey with Candlelighters



Pg 6 - 'Hope' - a chance to sponsor our artwork.



Pg 16 - Challenge Events 2019!

What's in the plans Emily?

Charity Director


Since starting back at Candlelighters in July last year, I can only describe the last 6 months as incredible, it has been an absolute pleasure getting to know the team and our Trustees more, meeting families and catching up with colleagues over at the Hospital.

The last few months have been extremely exciting here at Candlelighters with our brand new cottage opening to families back in November. We are already seeing the huge benefits this is bringing to oncology families who need to stay close together whilst their child is receiving treatment at the Leeds Children's Hospital. You'll see more about our cottage as you read through this newsletter and I'm sure you'll agree that the support this will provide to families now and in the future is invaluable.

Every day we continue to be overwhelmed by the generosity and dedication of our supporters, fundraisers and volunteers. Without this support, we simply wouldn't be able to continue providing such vital support to families and open new facilities such as the Candlelighters cottage; so from all of us at Candlelighters, thank you, thank you, thank you!!

This year we are starting to explore how we can expand our services and enhance our support to families across Yorkshire and we will of course keep you updated with how we are getting on over the coming months!





The Thompson family were introduced to Candlelighters when their little girl Summer was diagnosed with Acute Myeloid Leukemia.

There's one thing about Candlelighters that makes us pretty unique – we're not just here at the time of diagnosis, we're here for life! Meet Becky and her family. We've been supporting the Thompson family for over 2 years. Here's their journey...



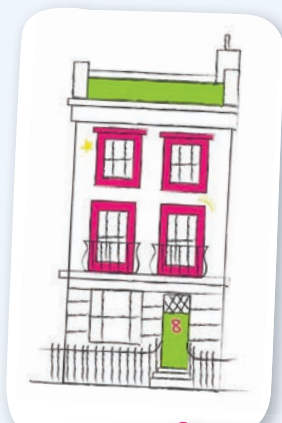
The Thompson family



In their own words...

- ★ £600 to help with the costs of our cancer journey.
- ★ 4 nights stay at Centre Parcs plus £150 to spend while there.
- ★ 3 Bereaved Mums Groups with beautician nails/eyebrows massage /energy balancing and food.
- ★ 3 Bereaved Dads Groups, a curry night, snooker, clay pigeon shooting and bowling all with a meal.
- ★ 3 Grandparents Tea Parties with arts and crafts, massages and food.
- ★ 3 Sibling groups for Bereaved Siblings along with 3 separate meetings per year for children with a sibling on treatment at The Square - food fun and games arts and crafts, whatever the kids fancy.
- ★ 3 Sibling Trips per year. We have been to Cannon Hall Farm Trees Tops, York Maze, a Scout Trip and Lightwater Valley.
- ★ A sleeper residential Sibling Trip.
- ★ 5 sessions at The Square, accessing Twin Vision an animation company creating an animated memory video.
- ★ Oscar Premiere Party with pizza sweets and popcorn!
- ★ Easter Party with as many Easter eggs as you can carry!
- ★ Teddy Bear Picnic.
- ★ Hair Appointments whilst on treatment.
- ★ Beach Party!
- ★ Arts and crafts.
- ★ Greatest Showman Sing Along.
- ★ Halloween Party.
- ★ Talking Therapy for the girls.
- ★ Talking Therapy for us if needed.
- ★ Circus Tickets.
- ★ Day of Memories at York Race Course for all families.
- ★ Christmas Party.

That's just us, just one family and that's just the stuff we can remember! Candlelighters provide this for all families who are going through childhood cancer. Now they've opened the Candlelighters Cottage for families on the ward, it's going to mean so much to families... I've known of parents sleeping in their cars before, hotels are so expensive! If you're wanting to support a charity please, please look into supporting Candlelighters. The support they have given us is out of this world and we are forever grateful to them.



The Square



Taylor Sheldrake's Friends for Candlelighters



Justin and Helen Sheldrake share their story...

Taylor was born on 12th July 2001, she was a beautiful little girl inside and out. She had her own pony called Pudding and 5 dogs, she loved animals and had lots of friends. She enjoyed family holidays at home and abroad.

Taylor was diagnosed with Leukaemia on the 2nd of October 2010. Whilst undergoing treatment Taylor sadly lost all her hair. She had some really bad days, the worst, when she was on steroids.

She had lots of visits to hospital, on one of the worst stays she decided she wanted to raise money for Candlelighters the brilliant charity which supports families across Yorkshire.

Sadly Taylor lost her fight for life the day before her 10th birthday on 11th July 2011. When she passed away we started a fundraising group in her honour, Taylor Sheldrake's Friends for Candlelighters. Amazingly we have raised over £37,400.

Justin and Helen Sheldrake On behalf of Taylor Sheldrake's Friends for Candlelighters

Our Fantastic Fundraising Groups

In addition to the countless individuals who raise money for Candlelighters, we are delighted to have the support of a number of Candlelighters fundraising groups. They organise events to raise money throughout the year, here are some of them. Keep your eye out on our website and social media for more details.

Ilkley Candlelighters

Ilkley Candlelighters invite you to join them to 'An Enchanted Evening' at Ridding Park, Harrogate. On Saturday 11th May 2019. For more information and to purchase tickets please visit: www.ilkeleycandlelighters.org.uk

York Candlelighters

There are lots of events coming up in the York area, a few for your diary are:

Easter Monday 22nd April
Candlelighters stall at Sandburn Hall Easter Fair
25th & 26th May
Candlelighters bucket collection at Deans Garden Centre, Stockton on the Forest, York.

Harrogate Candlelighters

Spring Fashion Show and Afternoon Tea at Ridding Park on 23rd May 2019 from 11:00am.

Tickets available from Hannah Harrison at hcawthray@googlemail.com or call on 07968 078479.

We also have fundraising groups in Knaresborough and Snaith. To find out more about how you can get involved with one of our groups call 0113 322 9283.



The Candlelighters Cottage

Since opening in November, all of our rooms have been occupied for the majority of time, highlighting just how essential this new facility is for our oncology families.

Since opening we have supported 10 families enabling them to stay within a 5 minute walk of the Children's Hospital, in order for them to be close to their child whilst receiving treatment.

This support is vital for families who live far away from the hospital and would have to travel great distances each day to be together. The opening of the cottage just before Christmas enabled families who unfortunately had to be on the ward over Christmas to spend this holiday period together.

The Candlelighters Cottage is specifically for oncology families supported by Candlelighters. All bookings go through Eckersley House, part of The Sick Children's Trust charity which enables us to manage demand appropriately.

A Thank You to our Funders

A massive thank you to Kentown Wizard, the Lord Mayors appeal, contributions from Trusts and Foundations, key contributors, businesses and individual fundraisers, without all of you we wouldn't have been able to provide this amazing facility for our families.

You are all incredible!



Candlelighters

@The Cottage



Cottage Artwork... HOPE



The piece was generously designed, manufactured and installed by the Lazenby Group

Our art installation in the Candlelighters Cottage garden titled "Hope" has a unique opportunity to be sponsored. We hope to bring fun and light to families staying at the home from home accommodation whilst their child is receiving inpatient treatment at Leeds Children's Hospital.

Made from steel the reflective surface brings colour from neighbouring trees into the space and lots of light. The aim is to ensure the garden is a bright and enjoyable outdoor space, away from the hospital environment.

If you'd like to sponsor a particular piece of the art installation head to our online shop on our website. We will be producing a commemorative booklet that will feature the sponsor's name, or the name of a loved one if you choose to do this in memory. You will receive a copy of this unique booklet and by sponsoring a piece of Hope you are leaving a lasting legacy for families we support in the future.

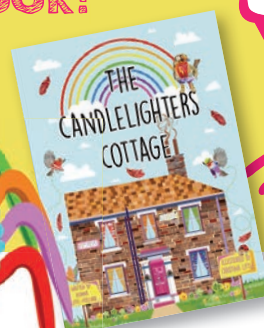


Our very own children's book!

The Candlelighters Cottage Book!

Written by local author Donna Iliffe-Pollard, her story gives the Cottage a fun and magical feel that will enchant and surprise, as well as helping children to feel comfortable and safe, making a wonderful bedtime story.

Copies are available for sale on our online shop or call 0113 3229283 to order yours!



DONATIONS IN MEMORY

Donations in memory are very precious to us. Whoever your donation remembers, we thank you for your very special way of showing your support.

DONATIONS FROM 1st JULY 2018 UNTIL 31st DECEMBER 2018

A member of Doncaster Soroptimists.....	10.00	Eunice Britton	150.00	Michael Hardwick	482.15
Alan Gibson	1000.00	Finlay Thomas Nuttall	150.00	Michael Norfolk	20.00
Norman Eldred	375.00	Finley John Bailey	10.00	Molly Whitaker	150.00
Ann MacGregor.....	75.00	Freda Smith	330.00	Mr K Spruce	450.00
Anna Atkinson	100.00	Grace Wheeldon	223.09	Mrs Victoria Smith	359.00
Anne Morell	72.45	Graeme Wilson	588.27	Nick Gill	1160.85
Annette Illingworth	10.00	Guy Metcalfe.....	10552.78	Nicole Stevens	15.00
Asa Anthony Askin	10.00	Harry Buckley.....	40.00	Nioni Grant	1792.11
Audrey Doyle	35.00	Harry Flatt	590.02	Nola Shipley.....	332.09
Axl Walker.....	1153.92	Harry Millington	25.00	Oliver Field	28.59
Axl Walker and Noel Duffy	145.00	Harvey Pettit	1916.13	Oliver Marshall	150.00
Barbara Hunter	200.00	Helen Megginson	436.21	Olivia Arnold	83.36
Barbara Vobe	20.00	Henry Hamer.....	60.00	Peter Nigel Edwin Bramham.....	258.77
Barry O'Neil	1580.00	Henry James Pollard	240.00	Peter Bray	25.00
Belle & Neve Boitelle	1682.40	Holly Price.....	844.70	Peter Brooke	360.14
Betty Harper	50.00	Hope rooms	2861.04	Peter Lilley	114.50
BF Vobe	5.00	Imogen Murray	40.00	Peter Straw.....	50.00
Bradley Macdonald	1500.00	In Loving Memory of Joseph	118.26	Phil Asquith	3259.34
Bradley Stevens	172.50	Brett Scott	120.00	Phyllis Gott	45.00
Brenda Bulmer	327.52	Maci Craddock	7,226.60	Rachel Bennett	10.00
Brenda Jean Kirkland	100.90	Henry Hamer	50.00	Rebecca Varney	29.58
Brendan Hodgson	563.00	Irene and Derek Barker.....	20.00	Reece Miree	264.33
Brian Midgley.....	390.25	Isabel Grace Readey.....	224.58	Robert Blundell	155.00
Brooke Wilson	35.00	Isabelle Ellis	1394.85	Robert 'Rob' Brown	61.15
Caeran Megson	400.68	Jack Wilson and Maureen Hall	830.00	Rocky Redman	736.38
Callum Ancill	708.00	James Brook	58.00	Rory Welsh	200.00
Christian Milner.....	1840.00	James Green	192.17	Roy John Calvert	20.08
Claudia Verdure.....	50.00	Betty Medlock	40.00	Roy Michael Lockwood	73.75
Daniel Bland	370.00	Jefferey Fox	100.00	Ruth Hulse.....	90.00
Daniel Jackson	2156.17	Joseph Mayman	3841.86	Sadie Rose Clifford	690.00
Daniel Perry	20.00	Joshua Kinnear.....	496.87	Sarah Bateman's Brother	50.00
Daniel Simpkin.....	64.94	Joyce Parkin	408.73	Sheila Waterson	215.00
Daniel Stamp	100.00	Judy Bailey.....	215.94	Sienna Shield	632.00
Danielle Alicia Wade.....	170.00	Katie Leanne Jenkison	100.00	Simon Frost	730.36
David Alan Marshall	369.79	Keith Wright	211.00	Skye Sutcliffe	2575.04
David Barker	90.00	Laura Hart	29.57	Stephen Smith	20.00
David Steel	384.22	Lauren Kisby.....	348.00	Stephen Goodrum	25.00
Derek Ernest Teal	118.25	Leo Spavin	649.44	Summer Rose Thompson	1311.65
Desmond Taylor	98.30	Lorraine Cooper	50.00	Taylor Sheldrake	6928.56
Dominic Roberts	759.95	Lucy Moore	38.16	Thomas Cammack	1388.42
Don Farias	637.19	Marianne Shackleton	86.82	Thomas Hudson	1130.22
Eden Shaw	367.99	Marjorie Ford	224.30	Timothy Wray.....	218.95
Edward Clarke	714.02	Mary Telford Wise	225.32	Valerie Mullins.....	410.00
Elizabeth Jane Eyre	200.00	Maureen Hall	25.00	William	25.00
Ella Crann	1832.10	Maxwell Johnson.....	4156.22	Winston Limbert	279.53
Elliot	100.00	Megan Bell Walker.....	10.00	Zack Barrett	2980.86
Elliott Robinson.....	8350.84	Megan Pratt	293.06		
Ernest Smith	250.00	Melaine Laffey.....	1021.98		

day of memories

hosted by
Candlelighters

On Sunday 12th May, Candlelighters will be hosting 'Day of Memories' at York Racecourse. This special day offers families a chance to remember, reflect and celebrate the children who have sadly lost their lives to cancer. The day involves a variety of readings, activities, poems and songs chosen by a committee of bereaved mums and dads.

If you would like to join the committee, suggest a poem or song to be performed on the day or if you would like to attend, please email memory@candlelighters.org.uk or call 0113 887 8333.

Business News Desk!

Did you know lots of our fundraising is supported through a wide variety of businesses in Yorkshire! Here's how your business can get involved!

2

Charity Trade Week Raises £20,000

Last year, we were delighted to work with Dufftons Plumbing and Heating Supplies on their Charity Trade Week. The week, organised in September, saw members of staff participate in head shaves, pie face challenges, car washes, and there was a grand raffle held, tickets for which were sold in all 7 of their stores, located in Leeds, Beeston, Huddersfield, Wakefield, Castleford, Halifax and Harrogate. Customers baked cakes for bake sales, guessed the number of pipes in a bucket and Dufftons also donated a percentage of sales of some items to the charity, and agreed they would match whatever their stores managed to raise.

In total, Dufftons have raised an incredible £20,000 for Candlelighters!



#BIGPINKPAPERCLIP!

Could you and your team turn this



into an auction lot for Candlelighters?

The Big Pink Paperclip Challenge is already well underway, but you have by no means missed your chance to take on this year's BIG challenge!

The task is simple; receive a big pink paperclip in the post, and trade it for the best thing you can get. Competing against other teams and individuals, you should aim to get the best possible prize by 31st May 2019. All prizes collected will be used by Candlelighters in our fundraising.

At the end of the challenge, all competitors will be invited to a special celebration event.

To find out more, get your hands on your pink paperclip and fundraising pack, please email corporate@candlelighters.org.uk

ON THE AGENDA



Dufftons - with their £20,000 cheque!

Save the date!

What: Back to School Sports Day

Where: Millennium Square, Leeds

When: From 5:30pm on September 4th

More info: Teams of 5 from various businesses will compete in an epic back to school obstacle course! Yes, we mean egg and spoon, balancing bean bags and more! **To register your interest in finding out more** email: corporate@candlelighters.org.uk

A Year in Corporate Fundraising at Candlelighters

Meet Amy



It seems like only yesterday we were welcoming Amy Harrison, our Corporate Fundraiser, to the Candlelighters team! A whole year has now passed, so let's catch up with Amy to hear about her first year working with our fantastic business fundraisers.



Amy Harrison



Lupton Fawcett



University of Leeds Facilities Directorate

So Amy, what have been some of the highlights?

Where do I start? There have been so many exciting, humbling and inspiring moments to share about the last 12 months. I have worked with fantastic partners, and taken part in so many brilliant fundraising initiatives. There have been games of giant jenga (which I have lost spectacularly), staff picnics, some truly delicious bake offs, balloon pops, fancy dress walks, wearing pink for a day, football games, golf days, charity trade weeks, marvellous dinners, balls and awards, Christmas window reveals, a fairly horrendous 'I'm a Celebrity' inspired eating challenge, and so many more creative ideas, all to fundraise for Candlelighters. We have also begun and developed our very own networking events, which are now firmly part of the Candlelighters calendar! Hearing both Elaine our Dinner Lady, and one of our supporters talk to business professionals about Candlelighters, and their experiences, was really wonderful, and ensures our supporters in the business community truly know what their support helps us to achieve.

And any challenges?

Definitely playing the role of judge at staff bake offs (it really is a chore having to try yummy cakes as part of my job!) and I did have some challenges navigating my way around a golf course in a golf buggy during a fantastic charity golf day!

Why do you think workplace fundraising is important to the teams involved?

I have seen first hand the impact fundraising can have on the workplace. The sense of achievement when a team of colleagues receive their fundraising certificate, cross the finish line of a 10k, get to the top of the 3rd peak, sell out of cakes- whatever the event might be, fundraising is a huge and richly deserved boost to the individuals and teams involved. I have seen teams achieve amazing goals (both as a team and individuals within that team too), making a huge difference to a cause they all care about so much. At Candlelighters, we aim to ensure every team sees the difference they have made to our charity in some way. I love getting out to events, being part of them, and taking the opportunity to say a big thank you.

What are you most excited about for this next year?

I am absolutely loving working on the #BigPinkPaperclip challenge at the moment! We have so many creative ideas, and I look forward to seeing what happens next. In June, we are asking our supporters to #PINKITUP! for Candlelighters, so I can't wait to see how the wonderful business community respond to that; I am hoping to see lots of pink clothes being worn to work, pink bake offs, and other fantastically pink plans come to life! September will also be a busy month, recognising Childhood Cancer Awareness Month. On September 4th, I'll be in Millennium Square, watching businesses complete a 'Back to School' Obstacle course, and 4 days later I myself will be at the starting line of The Great North Run; I'm hoping lots of my business contacts will be joining me! And of course our inaugural Candlelighters Awards will be one of the highlights of the year. I am working with the most wonderful partners, so I have every confidence that Year 2 at Candlelighters will be filled with fun and hugely inspirational too.

Family Support @ The Square!

f Follow us on Facebook @candlelightersthesquare

Grandparents Tea Party!

Grandparents play an important role in many of our families' lives and at The Square we support the whole family. As part of that support, we run our Grandparents' Tea Party once every two months.

This group is for grandparents who have been affected by childhood cancer, whether on treatment, having finished treatment or who are sadly bereaved. Grandparents have voiced the benefit of being able to speak to others who are in a similar situation to themselves, whilst also enjoying cakes, wellbeing treatments, shellac nails and taking part in a variety of arts & crafts.

The upcoming Grandparents Tea Parties are between 3pm - 6pm on the following dates:

Thursday 14th March / Thursday 23rd May
Thursday 4th July / Thursday 26th September

If you would like more information please get in touch with the team at The Square.



The Rainbow Baby Group

Rainbow Baby Group is a new group that we have set up for our families as part of the Family Network. This group is for parents who have had a baby after losing a child to cancer. The group is run by Family Network Volunteers who themselves have been affected by childhood cancer.

We are a very friendly group. This group is for people whom have had rainbow babies as well as those whom are expecting. Parenting after the loss of a child brings a new wave of love and laughter, but parallel to that are a rollercoaster of emotions. It can be hard to discuss these emotions in other baby groups, so this one provides you with a safe environment to talk all you want; whether it be about your child that died; other siblings, your rainbow baby or just a general natter about nothing in particular!

Sarah Buckley, Family Network Volunteer



Meet our Talking Therapists... Liz, Paul and Jonathan.

We offer a talking therapy service to our families who feel they may need some support 1 to 1 in a private, relaxed environment. A cancer diagnosis may bring up issues and the feeling that you need to talk to someone; and we are here to help.

Our talking therapists are based in Leeds, Ilkley and York but can cover the whole of Yorkshire depending on your circumstances.

We want our talking therapy service to be as accessible as possible as we understand not everyone can easily get to our family support centre in Leeds.

If you or your family would like to find out more about the services that are on offer at the square, please contact 0113 887 8333 or email thesquare@candlelighters.org.uk





Our Volunteer Gardener Carl!

Name: Carl Brook

Age: 51

Occupation: Started work as Heavy Machinery and Truck Mechanic in 1984 for 14 years. Now a Fleet Manager with Leeds City Council for the past 20 years.

A.K.A: Our Candlelighter's Volunteer Gardener and all-round "give us a hand with this Carl!"

Hobbies: Watching most sports, playing golf, DIY projects, gardening and landscaping. I have recently got into creating garden metal art... from small owls to a 6ft giraffe, small flowers to large wall panels, some of which can be seen around the Candlelighters Cottage garden.



How did you find out about Candlelighters?

I first became aware of Candlelighters in 2009 when our son James was diagnosed with Rhabdomyosarcoma this led to long spells in the wards, sat watching him and all the medical teams while all the time not fully understanding what was going on

and feeling like we had nobody to speak to. The only highlight of the day was when Elaine came round with the sweetie trolley and we would pretend James wanted some when really it was us.

The hardest part of all was the night when you had to take it in turns to leave your child and partner to go home as there was only a small uncomfortable chair bed, those nights felt very long and worrying just waiting to get back to the hospital.

Despite the fantastic efforts of Leeds Children's Hospital, Proton Therapy Team in America and the neuro team in London, James lost his 4 year battle but his positive, comical and can do attitude has stuck with us and many others who knew him. During this time we were made aware of the help and support that Candlelighters offered to families in our position and began to visit The Square, either just for a coffee and a chat or one of the many therapies on offer including my favourite, a relaxing massage.

The renovation of The Candlelighters Cottage provides a place to stay with family and is still very close to the hospital, which must be such a relief to parents, knowing they can keep the family together and be available at short notice. We were fortunate to live in Leeds but some families will live far away and not having to be so far apart, travelling long daily commutes will make this difficult period a little bit easier.

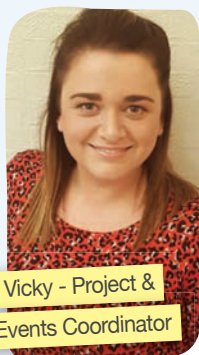
Over the last few years between myself, my wife and daughter Emma, we have done a number of fundraising events to show our support for Candlelighters, this includes, cycle rides, runs and a black tie ball. My wife is also a family network volunteer and since then, I have been looking for a way I can offer my skills to help Candlelighters and other families.

I jumped at the chance to apply for the Gardener role and really enjoy working with the Candlelighters team, coming up with ideas and designs to create a clean, safe, relaxing and colourful garden area for families to enjoy at both The Cottage and Pavilion, over at the Leeds Children's Hospital.

With Spring approaching, I am getting busy planting up the gardens and baskets to bring a splash of colour and hopefully a smile and a little bit of joy to the families.



New project... new role!



Vicky - Project &
Events Coordinator

Do you want to help shape our future?

Here at Candlelighters we are continually looking at how we can improve the services we offer for those who use it. As part of a year long project, with the help of Dr Bob Phillips, Vicky will be exploring how we can improve and develop our family support services for those affected by childhood cancer throughout Yorkshire.

We already know the range of support services we offer to our families is unique and that since The Square opened its doors in 2015 the number of families using our facilities is ever-growing. But we also know that there are a proportion of families who do not use our services and that there are various factors which may stop families accessing them; they may have to travel from far away, they may not realise they can use the services, they may not need the type of support we currently offer...the list goes on.

So we are going to be looking at what is currently offered across Yorkshire, both by us & other charities, find out what the families and medical teams want and explore if we can address some of the gaps. It is so important that we understand how to support all families at every stage of their journey; whether you are on treatment, post treatment or bereaved.

Our ultimate aim is to expand our reach across Yorkshire, supporting more families & providing a wider range of support services in a place close to home. However to do this we need YOU! We want to hear from everyone no matter how long you have been on your journey, it is so important that we understand how to support all families at every stage of their journey; whether you are on treatment, post treatment or bereaved.

If you are interested in taking part in this project and sharing your ideas on how we can support you and other families in your local area then please contact Vicky on vicky.fisher@candlelighters.org.uk or call 0113 887 8333.

Taking The Square on the Road!

The Candlelighters Bus is back out on the road for 2019 and we can't wait to see you onboard!

Our unique Family Support Bus brings The Squares support services to families all across Yorkshire, in a place close to their home. On board the bus we offer a variety of wellbeing treatments & the opportunity to sit and chat with a member of our friendly team. If you have been supported by Candlelighters in the past then you are most likely eligible to access the support on the bus. It does not matter how long you have been on your journey, or what your circumstances are, we are here to support you.

This is where we are going over the next few months



York: Vanguard Shopping Park

05.04.19 / 10am - 4pm

Harrogate: RHS Harlow Carr

28.06.19 / 10am - 4pm

Huddersfield: Macauley Street

26.04.19 / 10am - 4pm

York: Acomb Front Street

12.07.19 / 10am - 4pm

Wakefield (TBC)

17.05.19 / 10am - 4pm

Goole (TBC)

26.07.19 / 10am - 4pm

Malton & Norton RUFC

24.05.19 / 10am - 4pm

Castleford: Junction 32

09.08.19 / 10am - 4pm

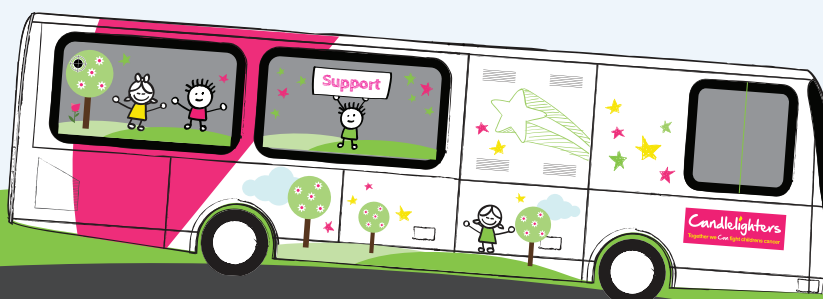
Skipton: Coach Street Car Park

14.06.19 / 10am - 4pm

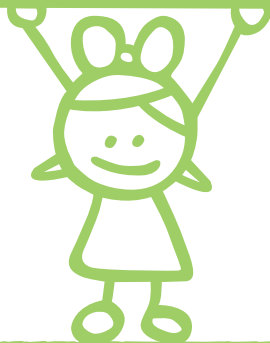
York: Vanguard Shopping Park

23.08.19 / 10am - 4pm

Yorkshire



One year at Candlelighters

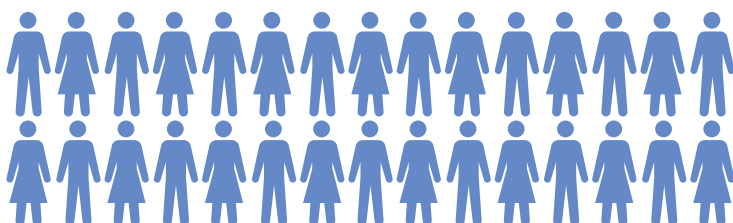


Thanks to your incredible support here's just some of the things we have done throughout one year at Candlelighters.

We funded 34,580 hours of additional hospital support roles across the Leeds Children's Hospital Oncology and Radiotherapy wards, including play leaders, support workers, a dinner lady, social workers, a radiographer and a speech and language therapist too.



We held 30 Family Network Support Groups of which approximately 120 family members attended



Our family network groups aim to bring our families together so that they can form lasting bonds and friendships with those who might have been through a similar situation.

We brought families together with these groups...



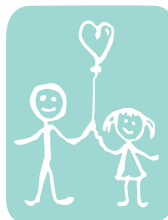
8 Mum's Groups



6 Grandparents Tea Parties



8 Dad's Groups



8 Sibling Groups

In 2018 group trips included...

- ★ A parents meal at Fazenda
- ★ A sibling trip to York Maze
- ★ A dad's group visit to Tick Tock escape rooms
- ★ A mum's afternoon tea
- ★ A candle making session at our Grandparent's tea party
- ★ And our first ever sibling residential held with the scouts!

We sent over 100 families with a child on treatment on a holiday to Centre Parcs or a caravan park in Filey



After a very tough year, the weekend at Centre Parcs gave us the opportunity to be a normal family again



Parent, 2018



- ★ The Candlelighters bus was on the road over 20 times visiting families across Yorkshire, including trips to Skipton, Huddersfield and over to Malton.
- ★ Our Support Centre 'The Square' offered approximately 1220 wellbeing appointments for families (including massage, aromatherapy and reflexology). We also provided 257 Talking Therapies to families and their children.
- ★ We continued to fund research including our Research Fellowship Programme, enabling Leeds to be a leading centre in developing the skills and expertise of the next generation of cancer doctors, ensuring that children in the future will be cared for by leading experts in Yorkshire.

Coming soon...



Easter Eggstravaganza

The Candlelighters Easter Eggstravaganza is back for 2019 to help you raise funds and awareness for Candlelighters this Easter. To take part, we will send you a raffle square, collection tin and an Easter hamper. All you need to do is sell the raffle squares and draw a winner on Easter weekend!

It's an easy way to get involved and support Candlelighters this Spring, if you are interested email info@candlelighters.org.uk.

Sunday 23rd June 2019
10am-3pm
Riverside Gardens in Ilkley

Candlelighters
Doggy Day Out
2019

This summer join us for a **BRAND NEW** four legged event! The Candlelighters Doggy Day Out is a fun event for the whole family, it will be a sponsored dog walk around the River Wharfe in Ilkley and ending on the Riverside Gardens for an afternoon of **family fun activities**. There will be dog agility and training exercises for your pooch to try, an alternative best in show competition including categories like 'waggiest tail' and 'cutest ears' and **face painting and activities** for children to enjoy.



Date and location to be confirmed.
A family fun run, full of bunny hopping fun!
Grab your bunny ears and get your Easter egg hunting skills at the ready as we take on The Bunny Hop!

THE
Candlelighters
AWARDS
2019

Friday 13th September at NEW DOCK Hall

An event to celebrate the people and organisations that help us to shine brighter! If you know someone who deserves to be recognised for their amazing fundraising or volunteering for Candlelighters, make sure you nominate them for an Award on our website.

We are looking forward to seeing you to celebrate all the amazing people who support Candlelighters throughout the year! Keep an eye out on our website at www.candlelighters.org.uk/upcoming-events



How you can help raise vital funds

Collection Tins

Collection tins are a great way to increase funds and raise awareness about Candlelighters. You can place a tin in your office, at your local shop or café. Once a tin is full, we will send you a thank you and certificate for the money you have raised. You'd be surprised how much can fit in those tins!



In Lieu Giving

Do you have a birthday, wedding, anniversary or any celebration that you'd like to share with Candlelighters? Fundraising in lieu, means donations are made to Candlelighters in place of gifts.

If you are raising money in lieu of gifts please let us know.

By supporting Candlelighters in your community, this enables us to continue to support families affected by childhood cancer across Yorkshire as well as innovating long-term projects for the future!

Regular Giving

Regular donations have a huge impact on our fundraising. In 2017/2018 they totalled over £28,000! There are various ways you can donate regularly, by doing so you will be investing in our future, enabling us to plan ahead. If your employer operates a Payroll Giving scheme, donations can be made straight from your pay and deducted before tax.

Alternatively you can donate by Standing Order, or if you prefer by Direct Debit via

<https://www.justgiving.com/candlelighters>.

Please note JustGiving take a small fee from each donation. If you would like more information on how to make a regular donation please contact info@candlelighters.org.uk

or contact the fundraising team on **0113 322 9283**.

Volunteer for Candlelighters

Throughout 2018 our wonderful volunteers donated 2,500 hours of their time to support Candlelighters

Our amazing volunteer team is growing and growing and each and every one of them help us to do so much more! We are so grateful for their time and support in so many different ways. We want to keep on growing our volunteer team and to do this we need you!



Here's how you could help

Become a Volunteer Ambassador!

Volunteer Ambassadors enable Candlelighters to increase awareness of our charity, from attending local events and cheque presentations, holding information stalls and ultimately thanking and visiting our fantastic supporters! We are looking for confident and approachable volunteers who are comfortable with giving presentations and talking to groups.

Events Volunteers

Whether helping with bucket collections, marshalling, running a stall or wearing our t-shirts and banging our cheer sticks to encourage and support runners, every Event Volunteer helps to make a difference. If you are brimming with enthusiasm and energy and can spare a few hours, we would love to hear from you!

Fundraising Administration and Office Volunteers

Our Fundraising team are looking for Administration and Office Volunteers to provide crucial support, to the team. The main duties will be answering the telephone, taking messages, updating information on Microsoft Excel and our supporter database and assisting with online fundraising. We are looking for someone who has a professional telephone manner, and is confident using computers including Microsoft Word, Excel, databases and the Internet.

The Candlelighters Bus Volunteers

This role involves welcoming families on board the bus, making refreshments and requires knowledge of our Family Support Services as signposting may be required. Please note the Bus is a small space meaning all candidates must be comfortable working in a close proximity to potentially sensitive environments.

Family Network Volunteers

The Family Network is run by families for families. The aim is to provide support groups for families in their local community whether it is meeting other parents and going for a meal or a family picnic in the park. The groups are based on peer support which is when people who share a similar experience come together to support each other. If you have lived experience of Childhood Cancer and its effects, are able to share your experience but also have good communication and listening skills we would like to hear from you as we are currently recruiting for volunteers who are willing to facilitate groups in their local area.



As I can't run myself, I love to cheer others on, it's such a good feeling and a great atmosphere. I still feel like I am doing my bit to help Candlelighters.

Volunteer

Being a volunteer for Candlelighters is the most valuable and rewarding thing I have ever done!

Volunteer

It has changed my life forever and I am not the person I was when this journey started. But talking to people who have had similar experiences has made me feel less isolated and allowed me to talk openly about what I am going through without being judged.

Mum & Family Network Volunteer

Visit our website to find out more www.candlelighters.org.uk or give us a call on 0113 3229 283. We'd love to hear from you!

Take on a Challenge Event in 2019!



Meet Gina our Community Fundraiser
and fabulous event coordinator



Join our team Facebook Group - #TeamCandlelighters

How we will support you:

All members of Team Candlelighters receive a t-shirt to wear during training and on the day of your event. You will also receive a fundraising pack to get you started with your fundraising and to give you some ideas and inspiration. You will have access to our online **#TeamCandlelighters** Facebook group where all members share running tips and advice, ask questions and spread encouragement.

If you need any support on the run up to your event a member of Candlelighters staff will be in touch to help you with anything.

www.candlelighters.org.uk/challengeevents

Email: events@candlelighters.org.uk

Call: 0113 322 9283

Roll on Sunday! Good luck to everyone at the Yorkshire marathon and 10 mile run!



My longest ever run!! Not going to try do and do any longer than the Great North Run, but it has shown me that I can do it!!
#greatnorthruntraining

5 months to the Leeds 10k, 7 months to the Great North Run. Another amazing Sunday morning run. Getting the miles in now. Loving every run, loving it more knowing I'm running for **#TeamCandlelighters**

